



## PRESBYTERIAN WOMEN in the SYNOD of the NORTHEAST



## SISTERS STAND AND WALK TOGETHER

SISTERS STAND and WALK TOGETHER (SSWT) is beginning enrollment for a **new class**. It can be up to a three-year program of Presbyterian Women in the Synod of the Northeast. It was originally designed to acclimate and motivate new immigrant women from congregations within the Synod to Presbyterian Women. They met three times a year. We hope to attract ALL women who are new to Presbyterian Women who want to start or enhance an existing PW group by learning skills to prepare for leadership roles. There is no financial cost to the participant.

The goals of the program are to build community and confidence, help women feel comfortable with public speaking and commit to the purpose of Presbyterian Women. SISTERS STAND and WALK TOGETHER seeks to prepare the women through leadership development training including forums and workshops where cultural and gender differences are explored and leadership shared. Several graduates have taken leadership roles in Presbyterian Women in the Synod of the Northeast and Churchwide.

The group will meet at Valley Stream Presbyterian Church (Long Island, walking distance from the Long Island Railroad train stop). Participants are encouraged to attend PW events in Albany, at Stony Point and Louisville. The training sessions could include (as needed):

- Exposure to the Presbyterian Women's manual (purpose, principles, structure, and are circles are they still relevant), *Horizons* magazine and the PW Quarterly Leadership Newsletter.
- Conversations about cultural and gender barrier issues and women's role in the church. Finding your WHY in Presbyterian Women.
- How to develop and lead a Bible study (including how to build community by conducting an 'ice breaker').
- How to plan and lead a worship service, creating one for the training sessions.
- How to plan an agenda and lead a meeting (by consensus), run a workshop.
- Communication skills including listening/conflict resolution and technology for flyers, newsletters, conference calls. Best practices for (personal invitations) attracting attendance at Gatherings, fundraising events and securing participation on a Design Team.
- Bringing it all together, taking it to the world.
- Homework may be given to participate and/or lead in a worship service, small group session or Sunday School class in our home church.

The next class begins **Sat.**, **April 6**, **2019**, **from 9:30- 3:00 pm**. More classes will be scheduled at everyone's mutual need and availability. For further information, contact:

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- -Jo-Ann Estella, SSWT Team Member 718-723-5901/718-809-8391 Jestella@aol.com





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Class beginning Sat. April 6, 2019, 9:30 am- 3:00 pm at Valley Stream Presbyterian Church 130 South Central Ave Valley Stream, NY 11580 (516-561-0616) Pastor at Valley Stream PC - Rev. Kymberly (KC) Jones

Name
Address
Phone
E-Mail
Church you attend
Do you have an active Presbyterian Women's group?
Please state briefly what is most important to start the first discussions:
Do you need to be picked up at the train station?
Would you need to come the night before if you live at a distance?
Please return this form by email or postal mail to: Lisa Gray
352 Hamilton Drive Stewartsville New Jersey 08886 <u>Lisa A Gray@hotmail.com</u> Text/call 973-476-4720